

Spirit Talk Summer Retreat

A Primal Journey

August 17-20, 2018

Indian Point

Rangeley, Maine

Indian Point Retreats: *Exploring how to tap into your inner power*

Take time for yourself

Take part in a **special three-day retreat** surrounded by the exquisite nature of Maine, the beauty of Bald Mountain and the energy of Rangeley, Maine, while immersed in luxury accommodations at Indian Point.

Lush accommodations.

Every room in the main and guest houses offers plush bedding, warm honey-hued woods and take-your-breath-away views of Maine's fabulous Rangeley lakes and mountains.



Increase your personal & professional well-being.

- ✔ Experience being in nature - feeling its power and rejuvenation, healing balance and wisdom
- ✔ Learn to listen to and follow your own inner guidance to help make decisions and reach your goals.
- ✔ Find true inspiration amongst the giant magnificent pines.

Your hosts for Spirit Talk

Laura Heselton - Lecturer, Spiritual Medium and Life Coach who has taught hundreds of classes on spirituality, life after death and our unlimited human potential.

Kristi Stangeland - Mindfulness Trainer and Retreat Organizer will provide the perfect environment for your writing

Retreat also includes

- Daily yoga/Qi Gong
- Morning meditation sessions
- Optional massage
- Fresh, fabulous gourmet fare

Free Additional Night on Us!

Stay an extra night on us! Your 4th night is free (lodging only). Arrive a day early or stay an extra day to enjoy the breathtaking scenery. You may decide you never want to leave!

All Inclusive Early Bird Special

Shared room (for two with two beds): \$980

Private room: \$1,200

Class Fee: \$450

Call for more details 914.806.6611

Quoted rates include lodging, meals and taxes.

Learn more!

Explore our property: www.maine-retreats.com

Contact Us to Register Today!

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